

# Texting + Driving = Ticket

**First time \$159+**



**Distracted driving puts us all at risk.** Using cell phones while driving is now the number one source of “driver distraction” crashes in California. Drivers using hand-held devices are **four times** as likely to get into crashes serious enough to injure themselves.

A driver looking away from the road for 5 seconds to send or read a text travels the length of a football field at 55 MPH. **Most crashes have less than 3 seconds reaction time.**

## Be a part of the solution

**Never text and drive.**

**Turn off your phone when you get behind the wheel or store it in the glove box.**

**Don't call or text someone when you know they are likely driving.**

**Don't use your phone to take pictures, record video or watch TV while driving.**

**Make a pact with your family and friends never to use the phone with kids in the vehicle.**

# It's just not worth it!

**Texting while driving can delay a driver's reactions as much as having a blood alcohol content of .08, the same as a drunk driver!**

**Inattention blindness - that's when your brain can't see what's right in front of you because it's too busy with your call.**

**You are unaware that you're impaired.**

## **other distractions to avoid include:**

**Eating and drinking**

**Using a PDA or GPS**

**Reading, including maps**

**Applying makeup**

**Getting too involved with passengers**

**Watching videos**

## **The Cost?**

**A first time ticket for violating either the hands-free or no texting law costs \$159+.**

**Approximately 16% of fatal crashes and 20% of injury crashes involved reports of distracted driving.**

## **Under 18?**

**You will be ticketed for using any mobile device while driving.**

